LEISURE ARTS
the art of everyday living

Cross Stitch

Strawberry Shortcake™

for "Berry" Sweet Girls

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Strawberry Shortcake™

Little girls' eyes light up at the mention of Strawberry Shortcake, that sweet but spunky little redhead. Now nice Moms can create five heartwarming designs in cross stitch that adorn the treasures that little misses want most. **Pretty as a Posy** has a big, beaming portrait of Strawberry Shortcake herself, custom framed for her bedroom; **Sweet Stuff** features the captivating miss embellishing a backpack for school; in **Friends Bring Sunshine**, Strawberry Shortcake and her pals Angel Cake and Ginger Snap come to life in a colorful wall hanging.

A perky flower-shaped pillow shows her with a friendly smile and outstretched arms. Finally, a scrapbook cover or photo album is brightened by the **Berry Sweet Sisters** as Strawberry Shortcake gives her baby sister Apple Dumplin' a ride in a little red wagon! Moms and daughters alike will love these familiar images of childhood innocence and wholesomeness.

LEISURE ARTS, INC.
Little Rock, Arkansas

Strawberry Shortcake
DVD
Meet Strawberry Shortcake
A Sneak Peek Strawberry Treat
Berry Sweet Sisters

Friends bring sunshine!
amigas

Sweet Stuff

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc	☆		2	white
	300			352	rust
	310			403	black
♦	349	♦		13	coral
	600		*	59	vy dk pink
	601		*	57	dk pink
	603		*	62	pink
X	604	X		55	lt pink
e	605	e		1094	vy lt pink
6	666	6		46	red
	905			257	green
V	906	V		256	lt green
8	951	8		1010	lt flesh
	3826			1049	copper
•	blanc			2	white Fr. Knot
•	300			352	rust Fr. Knot

Grey area indicates last row of previous section of design.

*DMC 600 for hat. DMC 601 for strawberries. DMC 603 for bow and shirt.

Design was stitched on a 13" x 13" piece of 14 count White Aida (design size $6\frac{7}{8}$" x $6\frac{3}{4}$"). Three strands of floss were used for Cross Stitch and 1 strand for Backstitch and French Knots. See Making a Backpack.

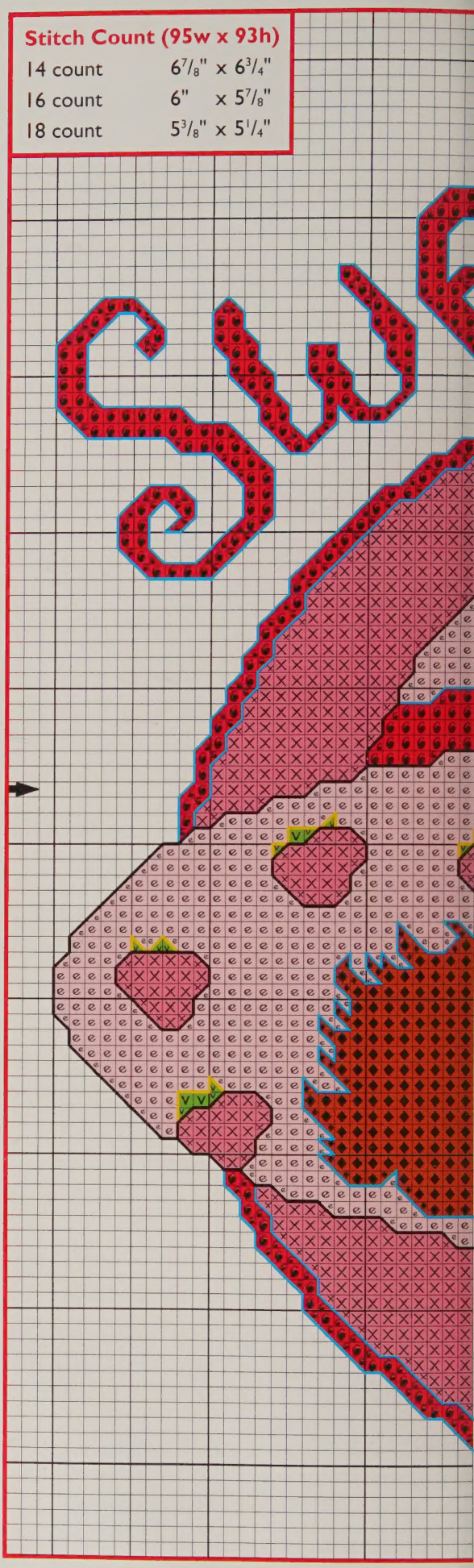
Making a Backpack

When sewing, match right sides and raw edges and use a $\frac{1}{2}$" seam allowance.

1. Trim stitched piece to $7\frac{5}{8}$" x $7\frac{1}{2}$".
2. Cut the following: print fabric — one fabric piece $12\frac{1}{2}$" x 35"; lining — one fabric piece $12\frac{1}{2}$" x 33"; fusible interfacing — one piece same size as stitched piece; $\frac{3}{8}$"w ribbon — one yard; $\frac{7}{8}$"w ribbon — two 34" lengths.
3. Fuse fusible interfacing to back of stitched piece.
4. Center stitched piece with top edge $8\frac{1}{2}$" from one short edge of fabric; zigzag in place. Sew $\frac{3}{8}$"w ribbon along each edge covering edges of stitched piece. Refer to photo, pg. 1, to sew desired buttons at corners.
5. Fold with right sides together. Measure $1\frac{1}{2}$" from short ends and mark a 1" opening with pins. Insert one length of $\frac{7}{8}$"w ribbon $\frac{1}{2}$" into each side of fold at bottom of backpack. Catching ribbon at fold and leaving space between pins open, sew along each long side. Turn backpack right side out.
6. Fold lining fabric in half matching short ends. Sew along each long side. Insert lining into backpack.
7. Press top edge of backpack $\frac{1}{4}$" to wrong side. Press again $1\frac{1}{4}$" to wrong side; topstitch being sure to catch top of lining.
8. Bring remaining ends of ribbon to top of backpack and thread through openings. Thread one ribbon to front and one to back, bringing ribbon ends out through opposite opening. Topstitch ribbon ends just inside casing.

Stitch Count (95w x 93h)

14 count	$6\frac{7}{8}$" x $6\frac{3}{4}$"
16 count	6" x $5\frac{7}{8}$"
18 count	$5\frac{3}{8}$" x $5\frac{1}{4}$"



Yet Steps

Pretty as a Posy

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc	☆		2	white
4	209	4		109	lavender
‹	300	‹	*	352	rust
)	310			403	black
♦	349	♦		13	coral
	600			59	vy dk pink
	601		*	57	dk pink
	603		*	62	pink
X	604	X		55	lt pink
e	605	e		1094	vy lt pink
6	666	6		46	red
H	744	H		301	yellow
	905			257	green
V	906	V		256	lt green
8	951	8		1010	lt flesh
	3826			1049	copper
*	3837	*		100	violet
•	blanc			2	white Fr. Knot
•	300			352	rust Fr. Knot
•	3837			100	violet Fr. Knot

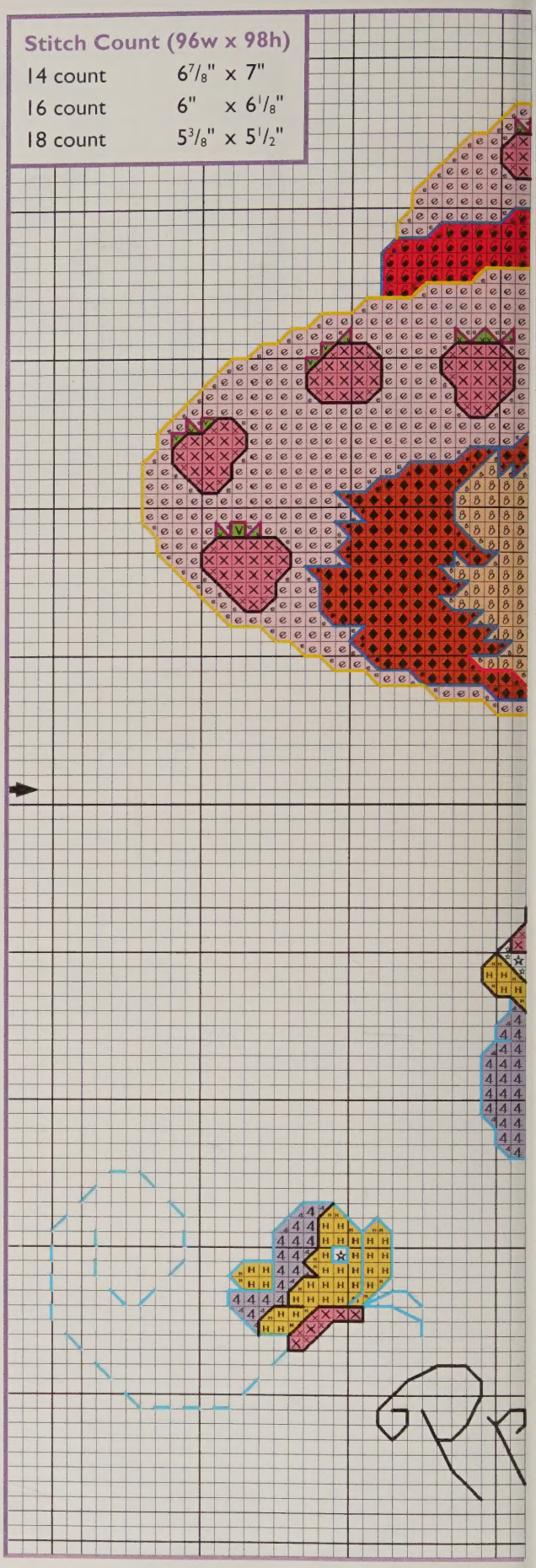
Grey area indicates last row of previous section of design.

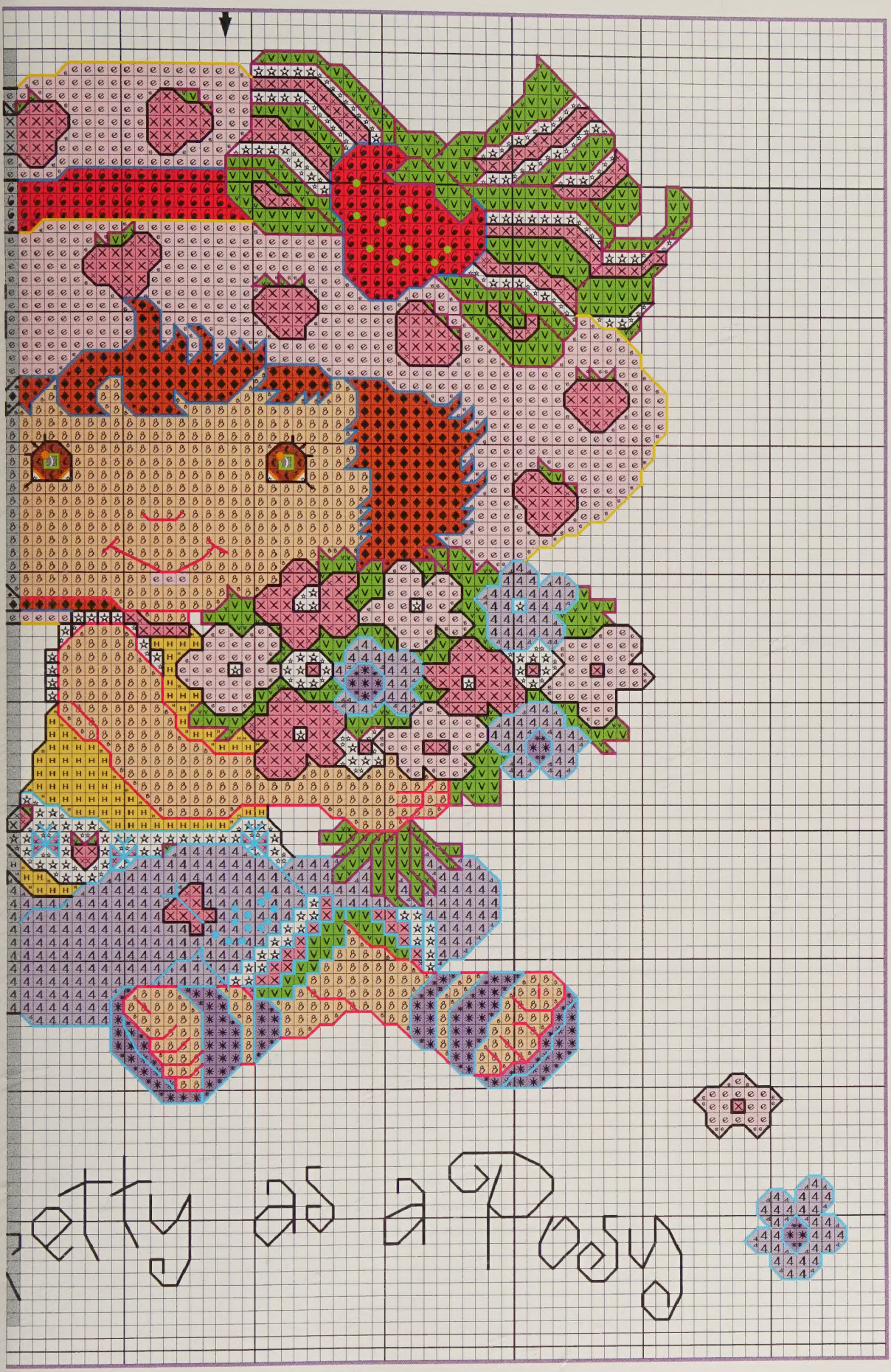
*DMC 300 for eyes. DMC 601 for strawberries and flowers. DMC 603 for wording (**2** strands), bow, shirt, and butterflies.

Design was stitched on a 13" x 13" piece of 14 count White Aida (design size 6 7/8" x 7"). Three strands of floss were used for Cross Stitch and 1 strand for Backstitch and French Knots except where noted in key. It was custom framed.

Stitch Count (96w x 98h)

14 count	6 7/8" x 7"
16 count	6" x 6 1/8"
18 count	5 3/8" x 5 1/2"




Pretty as a Posy

Strawberry Shortcake Flower

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc	☆		2	white
◖	300	◖	/*	352	rust
☽	310		/	403	black
◆	349	◆		13	coral
✚	355	✚		1014	terra cotta
	600		/	59	vy dk pink
	601		/*	57	dk pink
	603		/	62	pink
✕	604	✕		55	lt pink
e	605	e		1094	vy lt pink
●	666	●	/	46	red
	905		/	257	green
V	906	V		256	lt green
8	951	8		1010	lt flesh
	3826		/*	1049	flesh
●	blanc			2	white Fr. Knot
●	300			352	rust Fr. Knot
	Grey area indicates last row of previous section of design.				

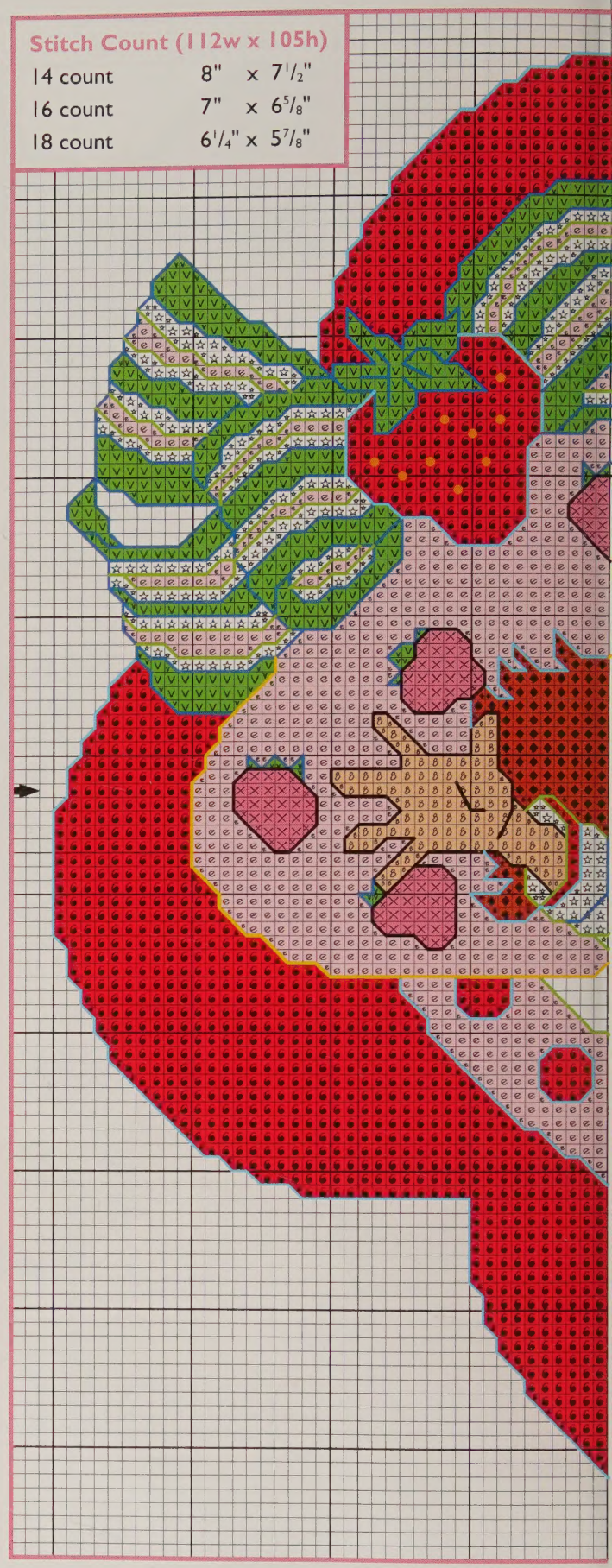
*DMC 300 for eyes. DMC 601 for strawberries. DMC 3826 for hands and face.

Design was stitched on a 14" x 13 1/2" piece of 14 count White Aida (design size 8" x 7 1/2"). Three strands of floss were used for Cross Stitch and 1 strand for Backstitch and French Knots. See Decorating a Flower-Shaped Pillow.

Decorating a Flower-Shaped Pillow

1. Fuse a piece of fusible interfacing, same size as stitched piece, to back of stitched piece. Trim stitched piece, following the shape of the design, 1/2" from the edge of design.
2. Remove pillow form from purchased pillow. Center and pin stitched piece to pillow front. Using a wide satin stitch, appliqué stitched piece to pillow front removing pins as you appliqué. Insert pillow form.

Stitch Count (112w x 105h)	
14 count	8" x 7 1/2"
16 count	7" x 6 5/8"
18 count	6 1/4" x 5 7/8"



Berry Sweet Sisters

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc	☆		2	white
	300		*	352	rust
T	301	T		1049	lt rust
	310		†	403	black
	349			13	lt coral
	355			1014	terra cotta
	600		†	59	vy dk pink
	601		*	57	dk pink
	603			62	pink
X	604	X		55	lt pink
e	605	e		1094	vy lt pink
	666		★	46	red
	703			238	green
m	704	m		256	lt green
	728				gold
H	744	H		301	yellow
	799		*	136	blue
	905			257	emerald
V	906	V		256	lt emerald
	951			1010	lt flesh
	3826			1049	copper
	blanc			2	white Fr. Knot
	300			352	rust Fr. Knot
	★666			46	red Fr. Knot

Grey area indicates last row of previous section of design.

*DMC 601 for strawberries. DMC 799 for flower. DMC 300 for all other backstitch.

†DMC 310 for eyes. DMC 600 for hat and wagon.

★Use **2** strands of floss for wording.

Design was stitched on a 14" x 13 1/2" piece of 14 count White Aida (design size 7 3/4" x 7 1/4"). Three strands of floss were used for Cross Stitch and 1 strand for Backstitch and French Knots except where noted in key. See Decorating a Photo Album, pg. 17.

Stitch Count (107w x 100h)
14 count 7 3/4" x 7 1/4"
16 count 6 3/4" x 6 1/4"
18 count 6" x 5 5/8"
Berry Sweet Sisters

Friends Bring Sunshine

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc		/*	2	white
4	209			109	lavender
	300		/†	352	dk rust
T	301		/	1049	rust
	310		/*	403	black
	340			118	periwinkle
	349			13	coral
	600		/*	59	vy dk pink
	601		/†	57	dk pink
	603		/†	62	pink
	604			55	lt pink
e	605	e		1094	vy lt pink
	666		/	46	red
a	703			238	green
m	704	m		256	lt green
★	726	★		295	yellow
	743		/★	302	dk yellow
H	744	H		301	lt yellow
	792		/	941	dk blue
3	799			136	blue
	905			257	emerald
V	906			256	lt emeral
	945			881	flesh
8	951	8		1010	lt flesh
2	3325	2		129	lt blue
n	3776			1048	lt rust
C	3806	C		62	rose
	3826		/†	1049	copper
	3837		/	100	violet

Stitch Count (140w x 136h)

14 count	10" x $9\frac{3}{4}$"
16 count	$8\frac{3}{4}$" x $8\frac{1}{2}$"
18 count	$7\frac{7}{8}$" x $7\frac{5}{8}$"

X	DMC	ANC.	COLOR
◉	blanc	2	white Fr. Knot
●	300	352	dk rust Fr. Knot
+●	603	62	pink Fr. Knot
⊘	703	238	green Lazy Daisy
▩	Grey area indicates last row of previous section of design.		

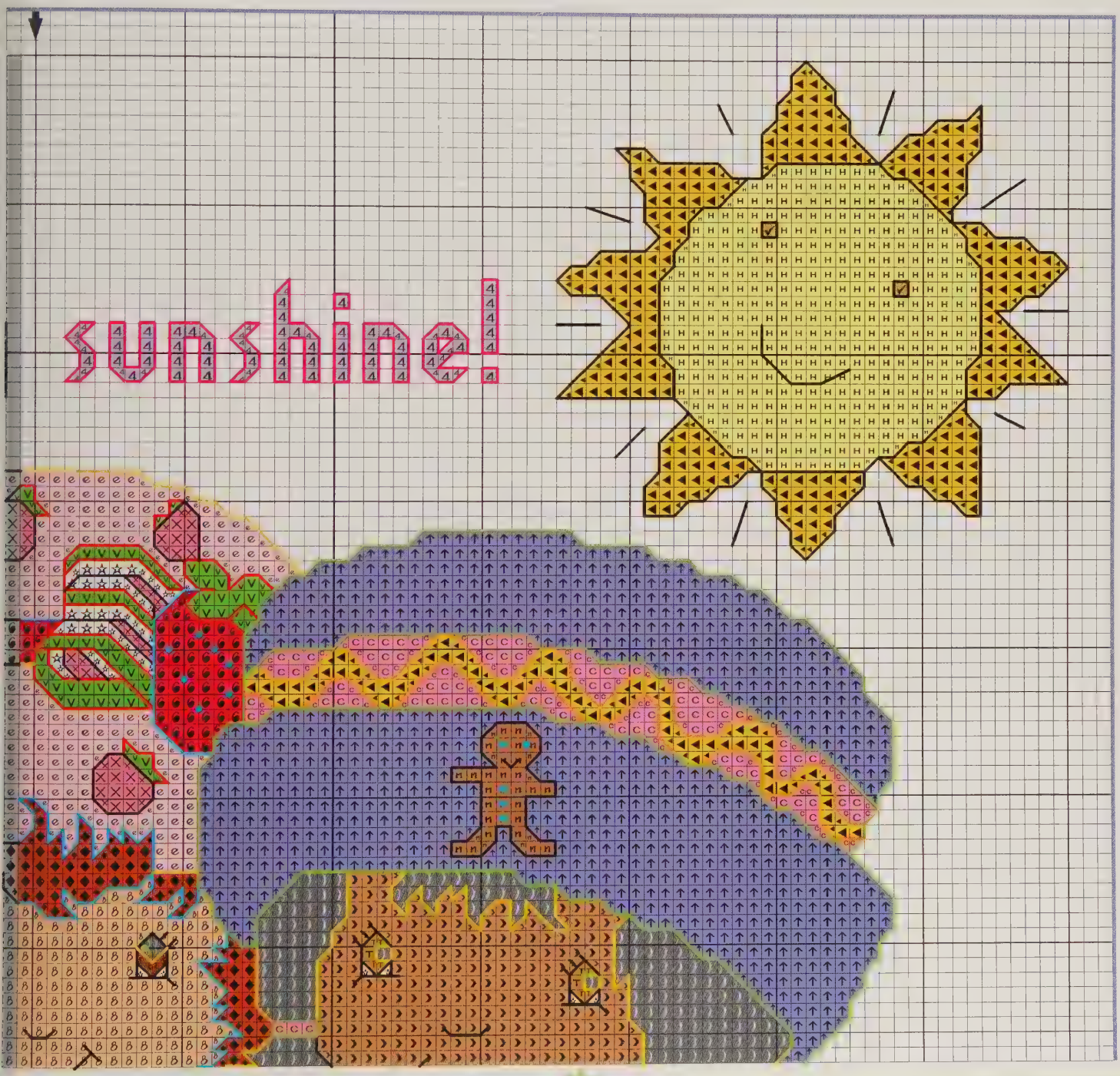
*DMC blanc for flower centers (**2** strands, long stitches). DMC 310 for eyes and hair. DMC 600 for hat.

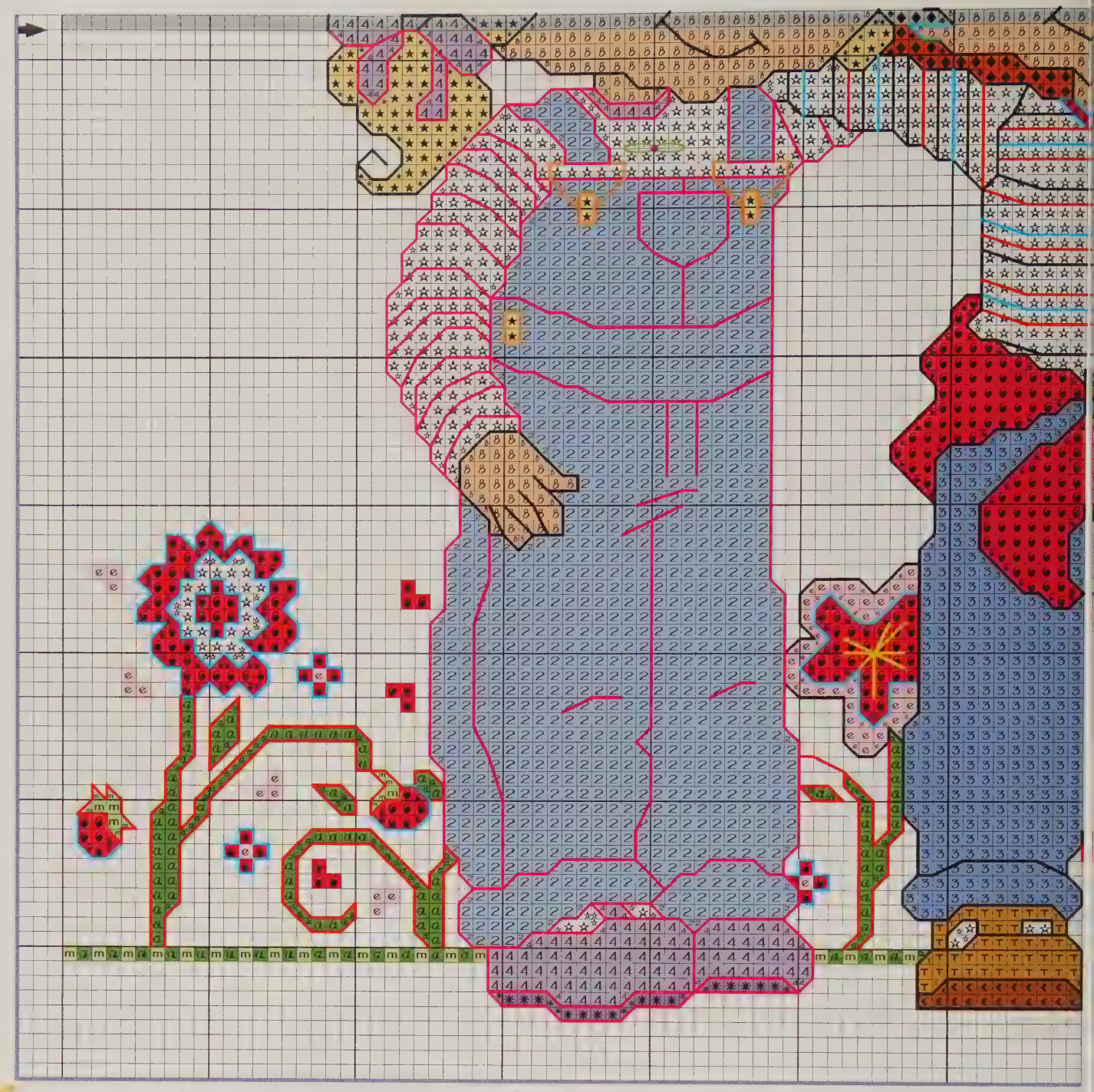
†DMC 300 for eyes, gingerbread man, sweater, pants, and shoes. DMC 601 for strawberries. DMC 603 for flowers, shirt, and bow. DMC 3826 for sun, hair, faces, necks, and hands.

★Use **2** strands for pink rickrack.

+Use **3** strands of floss.

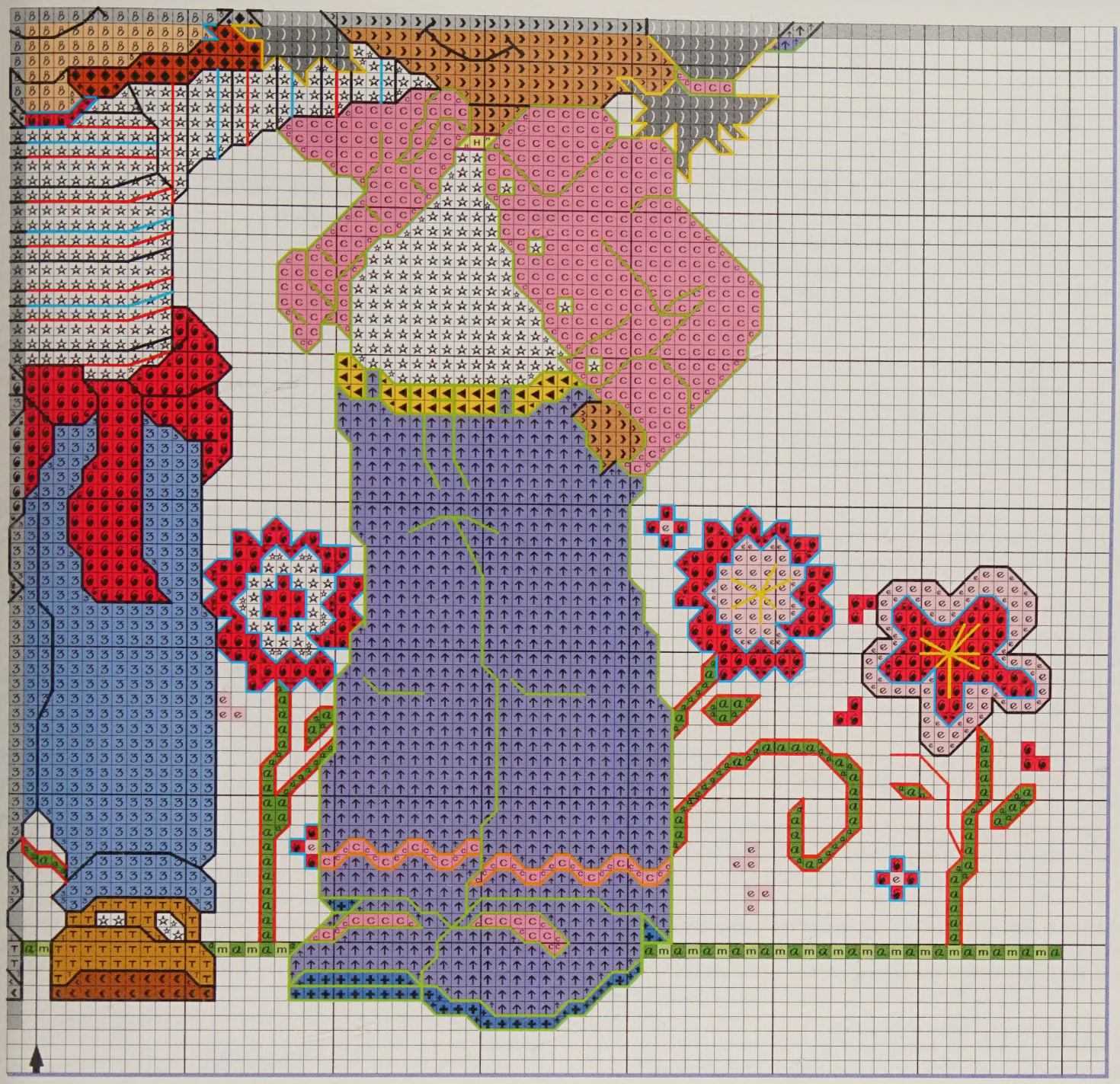
Design was stitched on a 16" x 16" piece of 14 count White Aida (design size 10" x 9 3/4"). Three strands of floss were used for Cross Stitch, 2 strands for Lazy Daisy Stitches, and 1 strand for Backstitch and French Knots except where noted in key. See Making a Wall Hanging, pg. 17.





Friends Bring Sunshine

X	DMC	1/4X	B'ST	ANC.	COLOR
☆	blanc		*	2	white
4	209			109	lavender
	300		†	352	dk rust
T	301			1049	rust
	310		*	403	black
	340			118	periwinkle
	349			13	coral
	600		*	59	vy dk pink
	601		†	57	dk pink
	603		†	62	pink
X	DMC	1/4X	B'ST	ANC.	COLOR
	604			55	lt pink
e	605			1094	vy lt pink
	666			46	red
	703			238	green
m	704			256	lt green
★	726			295	yellow
	743		★	302	dk yellow
H	744			301	lt yellow
	792			941	dk blue
3	799			136	blue
X	DMC	1/4X	B'ST	ANC.	COLOR
	905			257	emerald
V	906			256	lt emerald
	945			881	flesh
8	951			1010	lt flesh
2	3325			129	lt blue
	3776			1048	lt rust
C	3806			62	rose
	3826		†	1049	copper
	3837			100	violet



X	DMC	ANC.	COLOR
◦	blanc	2	white Fr. Knot
◦	300	352	dk rust Fr. Knot
◦+	603	62	pink Fr. Knot
/	703	238	green Lazy Daisy
	Grey areas indicate last row of previous sections of design.		

*DMC blanc for flower centers (**2** strands, long stitches). DMC 310 for eyes and hair. DMC 600 for hat.

†DMC 300 for eyes, gingerbread man, sweater, pants, and shoes. DMC 601 for strawberries. DMC 603 for flowers, shirt, and bow. DMC 3826 for sun, hair, faces, necks, and hands.

★Use **2** strands for pink rickrack.

+Use **3** strands of floss.

General Instructions

HOW TO READ CHARTS

Each chart is made up of a key and a gridded design where each square represents a stitch. The symbols in the key tell which floss color to use for each stitch in the chart. The following headings and symbols are given:

X — Cross Stitch
DMC — DMC color number
1/4 X — Quarter Stitch
B'ST — Backstitch
ANC. — Anchor color number
COLOR — the name given to the floss color in this chart

A square filled with a color and a symbol should be worked as a **Cross Stitch**.

A triangle with a reduced symbol should be worked as a **Quarter Stitch**.

A straight line should be worked as a **Backstitch**.

A large dot listed near the end of the key should be worked as a **French Knot**.

An oval listed near the end of the key should be worked as a **Lazy Daisy Stitch**. The chart will indicate the exact size and placement.

Sometimes the symbol for a **Cross Stitch** may be partially covered when a **Backstitch** crosses the square. Refer to the background color to determine the floss color.

HOW TO STITCH

Always work **Cross Stitches** and **Quarter Stitches** first and then add the **Backstitch** and **French Knots**.

Cross Stitch (X): For horizontal rows, work stitches in two journeys ***(Fig. 1)***. For vertical rows, complete each stitch as shown ***(Fig. 2)***.

Fig. 1

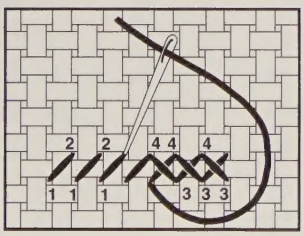
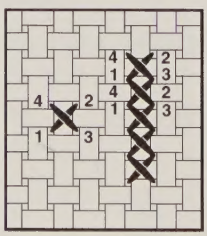
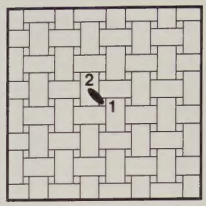


Fig. 2



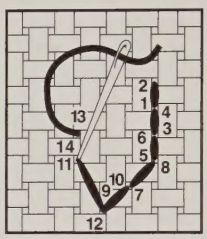
Quarter Stitch (1/4X): Come up at 1, then split fabric thread to go down at 2 ***(Fig. 3)***.

Fig. 3



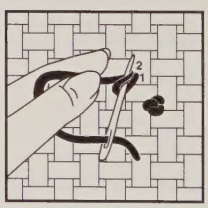
Backstitch (B'ST): For outlines and details, Backstitch should be worked after the design has been completed ***(Fig. 4)***.

Fig. 4



French Knot: Bring needle up at 1. Wrap floss once around needle. Insert needle at 2, tighten knot, and pull needle through fabric, holding floss until it must be released ***(Fig. 5)***. For a larger knot, use more floss strands; wrap only once.

Fig. 5



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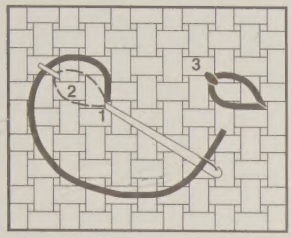
Lazy Daisy Stitch: Bring needle up at 1 and make a loop. Go down at 1 and come up at 2, keeping floss below point of needle ***(Fig. 6)***. Pull needle through and go down at 2 to anchor loop, completing stitch. *(To support stitches, it may be helpful to go down in edge of next fabric thread when anchoring loop.)*

Fig. 6



STITCHING TIPS

Preparing Fabric

Being sure to allow plenty of margin, cut fabric desired size and overcast raw edges. It is better to waste a little fabric than to come up short after hours of stitching!

Working with Floss

To ensure smoother stitches, separate strands and realign them before threading needle. Keep stitching tension consistent. Begin and end floss by running under several stitches on back; never tie knots.

Dye Lot Variation

It is important to buy all of the floss you need to complete your project from the same dye lot. Although variations in color may be slight when flosses from two different dye lots are held together, the variation is usually apparent on a stitched piece.

Where to Start

The horizontal and vertical centers of each charted design are shown by arrows. You may start at any point on the charted design, but be sure the design will be centered on the fabric. Locate the center of fabric by folding in half, top to bottom and again left to right. On the charted design, count the number of squares (stitches) from the center of the chart to where you wish to start. Then from the fabric's center, find your starting point by counting out the same number of fabric threads (stitches).

FINISHING TECHNIQUES

Decorating a Photo Album

Use hot glue when covering album.

1. Cut a piece of fabric 1" larger on all sides than open album. Center album, outside down, on wrong side of fabric. Fold fabric over edges of album; glue. Lining — Cut two pieces of heavyweight paper slightly smaller than inside covers. Glue pieces of paper to inside covers of album.

2. Fuse a piece of fusible interfacing, same size as stitched piece, to back of stitched piece. Trim stitched piece to the desired finished size.

3. Center and glue stitched piece to front of album. Glue jumbo rickrack over raw edges of stitched piece, folding rickrack at corners. Glue desired button at each corner.

Making a Wall Hanging

When sewing, match right sides and raw edges and use a 1/2" seam allowance.

1. Trim stitched piece to desired finished size plus 1/2" on all sides for seam allowances.

2. For folded insert, cut four 1 1/2"w fabric strips the same length as each edge of stitched piece. Press strips in half lengthwise, wrong sides together. Sew to side edges of stitched piece, then sew to top and bottom edges of stitched piece. Press insert border toward center of stitched piece.

3. For inner borders, cut two 1 3/4"w fabric strips the same length as side edges of wall hanging front. Sew to side edges of wall hanging front. Cut two 1 3/4"w fabric strips the same length as top and bottom edges of wall hanging front plus attached strips. Sew to top and bottom edges of wall hanging front.

4. For outer borders, cut two 3 1/2"w fabric strips the same length as side edges of wall hanging front. Sew to side edges of wall hanging front. Cut two 3 1/2"w fabric strips the same length as top and bottom edges of wall hanging front plus attached strips. Sew to top and bottom edges of wall hanging front.

5. Cut one piece of backing fabric and one piece of batting same size as wall hanging front. Layer backing (wrong side up), batting, and wall hanging (right side up). Baste layers together.

6. Cut a 2 1/4"w bias strip of fabric the same length as the outer edge of the wall hanging plus 7". Press one end and one long edge 1/2" to wrong side. Beginning with pressed end, pin unpressed edge of binding to wall hanging front. Sew binding in place, stitching through all layers and overlapping ends. Fold pressed side of binding over to back of wall hanging and slipstitch in place.

7. For hanging sleeve, cut a 3"w piece of backing fabric 1" shorter than width of wall hanging. Press edges 1/2" to wrong side. Center hanging sleeve on back of wall hanging 3/4" from top edge. Slipstitch long edges in place leaving ends open for hanging rod.

Needlework adaptation by Teal Elliott.

We have made every effort to ensure that these instructions are accurate and complete. We cannot, however, be responsible for human error, typographical mistakes, or variations in individual work.

Fabric provided courtesy of Zweigart®.
Embroidery floss provided courtesy of The DMC Corporation.

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